



Sign Up Now!

Sideoutvolleyballkings@gmail.com

SIDEOUT 6TH-10TH VOLLEYBALL BOYS & GIRLS PROGRAM



This program is designed for the athletes in the 6th-10th grade. The athlete will be instructed in more intermediate level biomechanics, skills, and fundamentals of the game. The athletes will also learn teamwork as they perform game situation drills. This program is only offered during the school year, and it has four sessions. This is a developmental program; there is no game competition for this program. Space for program is limited.

2026 Programs Duration: September 1,2,8,9, 2026

Cost: \$195 per athlete. Please bring exact cash, check "Sideout" or Venmo.

Lesson: offered on weekdays 5:00pm – 6:00pm.

Location for final registration to sign admin documents is Akers Middle School (AMS) from 445pm-5pm. Location for clinics: Akers Middle School (AMS) gym. Pre-register online or via email and confirm notice of pre-registration via email. Pre-registration is required for all attendees to be slotted. Dates are subject to change per school district policy.

Registration: all participants (parents & players) must pre-register online at Sideoutvolleyballkings.com or with club director via email. Send an email to sideoutvolleyballkings@gmail.com or online at website to **pre-register before August 31, 2026**. Payments can be paid with cash, check or Venmo. Minimum and maximum for programs is 12-15 kids.

Sideoutvolleyballkings.com website or email: sideoutvolleyballkings@gmail.com.

SIDEOUT K-5TH VOLLEYBALL BOYS & GIRLS PROGRAM

SIDEOUT K-5 volleyball program was designed similar to our most popular youth volleyball training program SIDEOUT Jrs. Offered only throughout the school year. SIDEOUT K-5 offers age-appropriate skill development and encourages player success. The young athletes will learn skills with the aid of volleyballs and other modifications designed to help younger athletes to learn and play with proper fundamentals. Your young athlete is sure to learn proper biomechanics and the fundamentals.

This is not an activity or event of the Central Union School District (CUSD). The CUSD assumes no responsibility for any claim, damage or liability related to the activity, including but not limited to, publicity, organization, attendance, and participation. Distribution of this notice is not an endorsement, promotion or sponsorship of the activity or event by the CUSD.

SIDEOUT K-5 Program is designed for athletes in grades K-5th. No volleyball experience required. No try outs for this program. No game competition for this program.

The program is offered during the school year only and it has four sessions.

2026 Programs Duration: September 1,2,8,9, 2026

Lesson: offered on weekdays 5:00pm – 6:00pm

Location for final registration to sign admin documents is Akers Middle School (AMS) from 440pm-5pm. Location for clinics: Akers Middle School (AMS). Pre-register via email and confirm notice on interest for additional information. Pre-registration is required for all attendees to be slotted. Dates are subject to change per school district policy.

Cost: \$200.00 per athlete. Please bring exact cash, check "Sideout" or Venmo.

Space availability: 15 athletes per group.

Register online at [Sideoutvolleyballkings.com](https://sideoutvolleyballkings.com) or send an email to sideoutvolleyballkings@gmail.com to **Pre-register before August 31, 2026**. Payments can be paid with cash, check or Venmo. Minimum and maximum for programs is 12-15 kids.

Sideoutvolleyballkings.com website or email: sideoutvolleyballkings@gmail.com.

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